



# Spa Day Experiences

Relax. Rejuvenate. Renew.

Indulge in complete tranquillity with our collection of Day, Twilight, and Overnight Spa Experiences, each thoughtfully designed to restore balance, harmony, and wellbeing.

From a morning of indulgence complemented by a decadent Afternoon Tea, to an evening of pure serenity with our Twilight Experience, or the ultimate Two Night Spa Experience for extended rejuvenation – every package promises a unique journey of relaxation.

## AFTERNOON TEA WELLNESS EXPERIENCE

Available Wednesday to Sunday

Includes use of the Spa & Wellness facilities from 10am-1.30pm

One of the following 25 minute treatments:

- ESPA Aromatherapy Back, Neck & Shoulder massage: Traditional stimulating massage movements and pre-blended ESPA aromatherapy oils suited to target your main physical and emotional concerns.

- ESPA Express Optimal Facial

This facial includes a cleanse, exfoliation, face oil, mask, scalp massage and finishes with an application of skincare products from our ESPA range, to leave your skin looking bright and healthy.

- Express Manicure OR Express Pedicure

Hands or Feet and cuticles are conditioned and moisturised. Nails are beautifully shaped and treatment with a prescriptive base coat, completed with nail polish colour of your choice.

End your morning of relaxation with Afternoon Tea in the Orangery Restaurant.

Wed – Thu: £120

Fri – Sun: £130

*Upgrade to Chapel Down Afternoon Tea for an additional £14 per*

## INDULGENCE RITUAL WELLNESS EXPERIENCE

Available Monday to Sunday

Includes use of the Spa & Wellness facilities from 10am-6pm

Two course dining allowance in The Orangery Restaurant\*

A glass of Chapel Down Sparkling Wine

-Indulgence Ritual (85 minutes)

A soothing back, neck, and shoulder cleanse, followed by an invigorating exfoliation and nourishing mask. Then, let tensions melt away as you receive a blissful lower leg and foot massage, followed by a rejuvenating back, neck, and shoulder massage. Finally, pamper your skin with a refreshing facial treatment. This package is designed to leave you feeling refreshed, rejuvenated and completely relaxed.

Mon – Thu: £245

Fri – Sun: £265



## RELAX RITUAL WELLNESS EXPERIENCE

Available Monday to Sunday

Includes use of the Spa & Wellness facilities from 10am-6pm

One of the following 55 minute Rituals:

- Relax and Restore Ritual

A luxurious full body exfoliation to renew your skin, followed by a soothing massage for your back, neck, shoulders, and scalp. Let our skilled therapists melt away tension and leave you feeling completely restored.

- Relax and Revive Ritual

Let go of all your worries and stresses as our expert therapists pamper you with a luxurious hand, foot, and face ritual. This rejuvenating treatment includes a deep cleanse, gentle exfoliation and a soothing massage to leave you feeling refreshed and revived.

Two course dining allowance in The Orangery Restaurant\*

*Add a chilled glass of Chapel Down Sparkling Wine for an additional £14 per person.*

Mon – Thu: £165

Fri – Sun: £180

*\*£36 maximum spend on food in The Orangery Restaurant, additional food and drinks are chargeable.*

Towels and robes are provided for use during your Spa Day.

Please bring your own flip flops as these are not provided in our efforts to create a more sustainable environment. (Should you forget these are available to purchase.)

Please note you are required to dress when dining in The Orangery Restaurant.

**\*\*CANCELLATION POLICY:** We require full pre-payment for all packages & treatments at the time of booking. In the event of cancellation 4 or more days prior to your booking you will receive a full refund or transfer to a new date, if cancelled within 4 days the payment is non-refundable or transferrable.

## TWILIGHT WELLNESS EXPERIENCE

Available Sunday to Thursday

An evening of pure relaxation.

Enjoy a sharing board & glass of Chapel Down Sparkling Wine from 5-6pm in our Zagatos Bar, before moving through to the Spa & Wellness Suite where you will have full access to the facilities until 9pm.

Sun – Thurs: From £80



## COMFORT & GLOW WELLNESS EXPERIENCE

Indulge in a festive fusion of warmth, renewal, and radiance with our brand-new Comfort & Glow Wellness Experience – the perfect pre- or post-Christmas treat.

What's Included:

- 55-minute Luxurious Treatment: Enjoy a back, neck & shoulder massage with soothing hot towels infused with ESPA's signature oils, followed seamlessly by a gentle facial cleanse, exfoliation, and nourishing scalp massage - all in one indulgent session.
- Full Spa & Wellness Suite Access: Relax and unwind in our serene Spa & Wellness Suite from 11am–3pm.

Mon – Thu: £135      Fri – Sun: £145

# Spa Overnight Experiences

## RELAX RITUAL OVERNIGHT EXPERIENCE

Available Monday to Sunday

Experience a blissful getaway including an overnight stay in a double or twin Cosy Deluxe room, (£20 per guest supplement for a spacious room), a 55-minute treatment, a 3-course dinner (dinner supplements may apply) and full English breakfast in The Orangery Restaurant.

Choose one of the following 55-minute experiences:

-Relax and Restore Ritual

A luxurious full body exfoliation to renew your skin, followed by a soothing massage for your back, neck, shoulders, and scalp. Let our skilled therapists melt away tension and leave you feeling completely restored.

-Relax and Revive Ritual

Let go of all your worries and stresses as our expert therapists pamper you with a luxurious hand, foot, and face ritual. This rejuvenating treatment includes a deep cleanse, gentle exfoliation, and a soothing massage to leave you feeling refreshed and revived.

Guests may access the Spa & Wellness facilities from 10.00am on the day of arrival to include robes and towels.

Bedroom check in is available from 3.00pm and check out is 11.00am.

Treatment times are confirmed 48 hours prior to arrival, please confirm at the time of booking if you would prefer morning or afternoon treatments.

Sun – Thu £460 per double or twin room or £290 single occupancy

Fri – Sun £500 per double or twin room or £310 single occupancy

Book a Day Experience online at  
[www.spahotel.co.uk](http://www.spahotel.co.uk) or  
call SpaSpa on 01892 553590.

To book an Overnight Experience please call the  
Reservations Team on 01892 520331.



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## TWILIGHT WELLNESS OVERNIGHT EXPERIENCE

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Available Sunday to Thursday, includes a sharing board and glass of Chapel Down sparkling wine at 5pm, access to The Wellness Suite from 6.00-9.00pm, an overnight stay and full English breakfast.

From £340 per double/twin, double occupancy

From £220 per double/twin, single occupancy

Full pre-payment required at the time of booking. In the event of cancellation 4 or more days prior to booking full refund given or transferable to a new date, if cancelled within 4 days the payment is non-refundable and non transferable. Treatment times will be confirmed 48 hours prior to arrival, to confirm at the time of booking if you prefer morning or afternoon treatments.

## TWO NIGHT SPA EXPERIENCE

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Truly spoil yourself with this two night package.

Includes:

- Two 25 minute treatments to be booked over day 1 and day 2 (*choice of Salt & Oil scrub, Body Polish, Espa Express Optimal Facial or an Aromatherapy Back, Neck and Shoulder massage*)
- Dinner on night 1 (£45 dining allowance per person)
- Two course lunch on day 2 (£36 dining allowance per person)
- Full English breakfast both mornings
- Full use of the Spa Health and Wellness suite from check in to check out times (3pm check in and 11am checkout)

From £870 per double/twin room, double occupancy

From £570 per double/twin room, single occupancy

Full pre-payment required at the time of booking. In the event of cancellation 4 or more days prior to booking full refund given or transferable to a new date, if cancelled within 4 days the payment is non-refundable and non transferable. Treatment times will be confirmed 48 hours prior to arrival, to confirm at the time of booking if you prefer morning or afternoon treatments.



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